

# Giving hope to people suffering with mental health issues



Chantal McFeely, a parishioner of St Quivox, Prestwick, has produced a beautiful calendar and a book of seascapes and reflections which have been published in aid of Mental Health Scotland. "Just before Christmas the father of my 2 younger sons died through mental health issues. Just after his funeral I had an image of creating a calendar and photo book of my sea

photos, as we met by the sea and he loved the sea, to give people comfort and to donate 50% of the profits to Mental Health Scotland. This would not only help to fund current projects but also new initiatives to give hope to people suffering with mental health issues and feel that some good can come out of Robin's death." Both of which can be found at [Soul Light Solutions](http://www.soulslightsolutions.co.uk) . Please take a look.

<https://www.fluidic.co.uk/c/6129/souls-light-solutions>